

## Parenting

*These are just a sample of the numerous resources we have . If you can't find a book or DVD that you are looking for, please feel free to ask a Librarian and we will help you. You can also request a book if we do not own it.*

### DVDs

Surviving Motherhood  
*DVD 649.1 SUR*

Nutrition During Pregnancy  
*DVD 618.2*  
*NUT*

### Electronic Books

Exploiting My Baby  
*Overdrive*

Parenting One Day at a Time  
*NetLibrary*

### Electronic Audio Books

Mama Rock's Rules  
*Overdrive*

NurtureShock  
*Overdrive*

# Grapevine Public Library



Do you have any comments  
or suggestions?



Reference Desk  
P: 817-410-3404  
F: 817-410-3084



Email  
[reference@grapevinetexas.gov](mailto:reference@grapevinetexas.gov)



[www.grapevine.lib.tx.us](http://www.grapevine.lib.tx.us)



Grapevine Public Library

1201 Municipal Way  
Grapevine, TX 76051

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## Parenting

Whatever stage of parenting you are in, we have the book for you! From *What to Expect When You're Expecting* to *How to Raise Your Adult Children*, the Parenting collection has a variety of resources to help provide a little guidance.

# Parenting

## Expecting a Baby

- Great With Child  
*PAR 306.874*  
*RIE*
- She's Having a Baby, and I'm Having a Break-down  
*PAR 618.2*  
*BAR*
- The Pregnancy Diet  
*PAR 618.2*  
*BEH*
- The Unofficial Guide to Having a Baby  
*PAR 618.2*  
*DOU*
- The Parenting Book  
*PAR 618.2*  
*SEA*
- What to Expect When You're Expecting  
*PAR 618.2*  
*EIS*
- The Complete Guide to Pregnancy and Childbirth  
*PAR 618.2*  
*KIT*  
Birthing from Within

## Medical Information

- Worry Proof: A Pediatrician (and Mom) explains which Foods, Medicines, and Chemicals to Avoid...  
*PAR 618.92 NAT*
- The Portable Pediatrician  
*PAR 618.92*  
*POR*
- Your Healthy Child  
*PAR 618.92*



## Single Parenting

- The Single Parent's Guide to Love, Dating and Relationships  
*PAR 646.7*  
*COO*
- Parenting Apart  
*PAR 306.874*  
*MCG*
- Keeping Kids out of the Middle

## Parenting Teens

- Teen Stages  
*PAR 155.5*  
*MEL*
- When No One Understands  
*PAR 155.5*  
*SAC*
- Teenagers: A Natural History  
*PAR 305.235*  
*BAI*



## Periodicals Room

- Family Circle
- Homeschooling Today
- Parents